



# HIV-Prevention Education

From CDC's 1994 School Health Policies and Programs Study (SHPPS)

## About the School Health Policies and Programs Study (SHPPS)

*SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Results from the 1994 SHPPS were published in the Journal of School Health, Volume 65, Number 8, October 1995.*

## Requirements

- ◆ 79% of states and 83% of school districts required HIV-prevention education.
- ◆ 86% of middle/junior and senior high schools taught HIV prevention in a required course.

\* SHPPS interviewed both teachers of courses that focused primarily on health education topics, and teachers of courses that included some health education content but focused primarily on another subject (e.g., biology).

## Skills Taught

- ◆ 77% of teachers\* taught HIV prevention as a major topic in their courses.

### ***Of these teachers:***

- ◆ 82% taught communication skills.
- ◆ 85% taught skills for resisting social pressure.

## Teacher Training

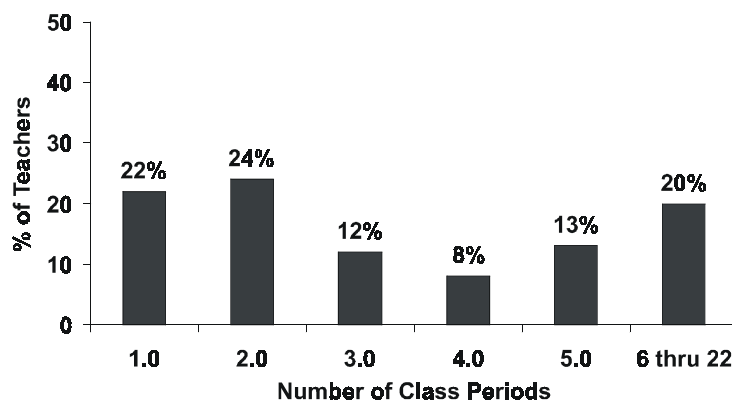
### ***During the two years preceding the survey:***

- ◆ 98% of states and 58% of school districts offered in-service training on HIV-prevention education to teachers.
- ◆ 31% of teachers received training on HIV-prevention education.



## Time Spent Teaching About HIV

**Number of Class Periods Spent on HIV Prevention Education, by Teachers Teaching HIV Prevention As a Major Topic**



## Topics Taught

### Percentage of Teachers Who Taught Specific HIV-Related Topics, by School Level

Topic	Middle/junior high	Senior high
Basic facts about HIV/AIDS	71	89
How HIV is and is not transmitted	70	85
How HIV affects the immune system	63	78
Needle-sharing behaviors that transmit HIV	62	76
Reasons for choosing sexual abstinence	61	71
Sexual behaviors that transmit HIV	60	79
Disease progression of AIDS	51	67
Societal impact of HIV/AIDS	51	67
Influence of alcohol and other drugs on HIV risk behaviors	48	62
Social norms toward risk behaviors related to HIV	47	64
Perceptions of risk for HIV/AIDS	44	66
Compassion and support for persons living with HIV/AIDS	43	59
Statistics on adolescent death and disability related to HIV/AIDS	36	54
Condom efficacy/how well condoms work	33	58
Information on HIV testing and counseling	32	53
True prevalence of risk behavior related to HIV	32	48
Correct use of condoms	17	37

### For More Information

For additional information on SHPPS, contact the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717, telephone 770-488-3257, <http://www.cdc.gov/nccdphp/dash>